Eadaoin Bhreathnach comes to New Zealand for the first time to present applications of the Sensory Attachment Intervention Model for professionals working in the fields of mental health, education and forensics/correction services.

Eadaoin's Sensory Attachment Intervention (SAI) model was developed for those suffering early trauma and abuse. The model addresses the source of danger, regulating arousal states through sensory-based activities, enriched environment provision and education on stress patterns, attachment patterns, and sensory processing patterns.

Eadaoin's work with adult and adolescent trauma began when she was referred cases resistant to psychotherapy and counselling in the early '90s. Cases included people willing to have therapy but who became highly activated when reminded of significant events. Parents who had children who had been taken into care and who needed to demonstrate a willingness to change were also referred. Despite positive reports from professionals upon completion of therapy, these individuals were still struggling. They appeared cooperative, but it was compliance (freeze mode), and they continued the same behaviour.

Key issues blocking intervention became apparent to Eadaoin:
1. Inability to regulate arousal states.
2. The presence of a physiological bias in their response to stress.
3. An inner drive for experiences to counteract their physiological pattern leading to either over-regulation or under-regulation.
4. Organisation of behaviour was based on core fears that were either sensory based or attachment based.

Resistance occurred when encountering difficulties with: sensory modulation, sensory interpretation and organisation, or activation of trauma memories.

SAI addresses issues that can block intervention, enabling people to successfully engage in therapy.
Programme

9.15am - 10.00am  Registration

10.00am  Introduction to the Sensory Attachment Intervention (SAI) Model & Levels of Self-Regulation:

Why interventions need to be sequentially organised according to the individual’s capacity to self regulate.

The Development of Modulation of Arousal in response to Sensory and Attachment Experiences.

11.10-11.30am  Tea/Coffee break

11.30am-1.00pm Stress & The Physiological Bias towards the Hyperarousal Continuum and/or the Dissociative Continuum.

Addressing the underlying reasons for behaviour.

Is it Sensory, Is it Attachment, or Is it Both?

Why do some individuals deteriorate at the prospect of returning home?

Why do some individuals struggle with daily living routines?

Where should the focus of intervention be?

1.00-2.00pm  Lunch

2.00-3.10pm  Intervention

Regulating arousal states through the sensory systems. Counteracting the bias.

The regulating properties of sensory activities.

3.10-3.30pm  Afternoon break

3.30-4.30pm  The Little & Often Approach: embedding regulating strategies into activities of daily living.

Discussion & Questions.

The conference programme will be designed to challenge, inspire, demonstrate and encourage participants while facilitating discussion.

Date and Venue

Friday 17th March 2017
10.00am - 4.30pm
Potters Park Events Centre
164 Balmoral Road, Balmoral
Auckland
Parking available on site.

Cost

Registration & payment before 1st March 2017: $300
Registration & payment after 1st March 2017: $320

The conference includes a light lunch and refreshments.

Registration

Visit www.harakeketraining.com/booking to register. For further information or if you have specific questions, please email info@harakeketraining.com.

If you are not sure if this day would be applicable to your particular area of practice, please feel free to email with your query.

Further Professional Development

A further multi-day training in 2018 will be available, attendees at the 2017 conference day will be given priority booking.

FOR MORE INFORMATION CONTACT US:

Email info@harakeketraining.com to join the mailing list or request a callback for further information about this exciting opportunity and future events!